

YOUR Life YOUR Voice

from

BOYS TOWNSM
National Hotline

A Season of Kindness



yourlifeyourvoice.org

YOUR Life YOUR Voice
www.yourlifeyourvoice.org

#BeKind



CHALLENGE

- Christmas Edition

After you complete each challenge, you can tear off the tab, check it off, or record what you did for each act of kindness.

Day 1	#BeKind To Yourself	ylyv.org
Day 2	#BeKind To Your Family	ylyv.org
Day 3	#BeKind To Your Friends	ylyv.org
Day 4	#BeKind To Your Co-Workers Or Peers	ylyv.org
Day 5	#BeKind To Your Community	ylyv.org
Day 6	#BeKind To Your Environment	ylyv.org
Day 7	#BeKind To Your Enemies	ylyv.org

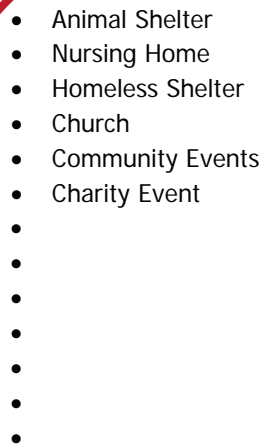
YOUR Life YOUR Voice
www.yourlifeyourvoice.org

KINDNESS MATTERS

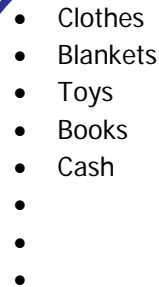
Tear off a tab and spread kindness by thanking someone today.

	Thank you for...	ylyv.org
	Thank you for...	ylyv.org
	Thank you for...	ylyv.org
	Thank you for...	ylyv.org
	Thank you for...	ylyv.org
	Thank you for...	ylyv.org
	Thank you for...	ylyv.org
	Thank you for...	ylyv.org
	Thank you for...	ylyv.org
	Thank you for...	ylyv.org

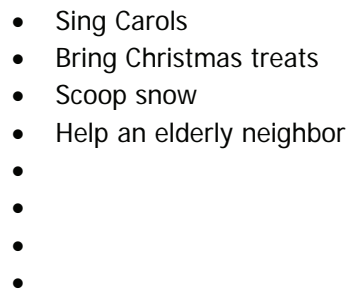
www.yourlifeyourvoice.org



Volunteer



[Make a Donation](#)

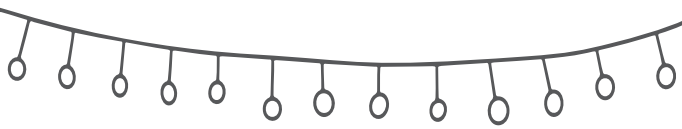


•
Help Your Neighbors


How Can You Show Holiday Cheer To Your Community?

The Kindness Resolution


Fill out these cards and give them away, make this year the kindest yet!



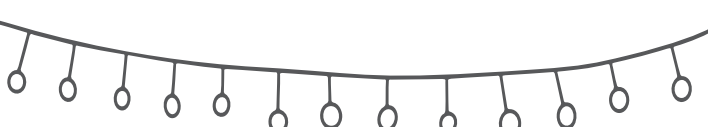
YOU ROCK because....




You did great today when you....




I like the way that you....



Thanks for



I like to spend time with you because...



Way to Go! It was amazing the way you...

YOUR Life YOUR Voice
www.yourlifeyourvoice.org